## Mr. O'Brien

Jr High Social Studies Classes... Read the following document. Explain in half a page the significance of the Monroe Doctrine.

http://avalon.law.yale.edu/19th\_century/monroe.asp

Government Class... Read the following document. Identify in a half page issues Washington warned Americans about.

http://avalon.law.yale.edu/18th\_century/washing.asp

US History... Read the following speech. Write a half page reflection covering why Beveridge supported imperialism.

http://legacy.fordham.edu/halsall/mod/1898beveridge.asp

World History... Read the following document. Write a half page on why the document was important to world history.

http://avalon.law.yale.edu/15th century/mod002.asp

Strength Training... Identify a muscle group you want to work during your next strength training class. Write out an exercise routine for that muscle group. Plan out how many exercises, sets, and reps you will do. Estimate to the best of your ability the amount of weight you will use for each exercise. Plan on using this workout outline for the next class.